

Comprehensive Sickle Cell Centers	Multidimensional Fatigue Scale Parent Report for Teens (13-18)	
Collaborative Data Project	Date Form Completed: FP13:FORMDA / FP13:FORMMO / FP13:FORMYR DDMMMYYYY	CSCC ID: {subject.name} Center code: {center.name} Hospital code: {center.hospital.name}

In the past ONE month, how much of a problem has this been for your child...

General Fatigue (<i>problems with...</i>)		Never	Almost Never	Some-times	Often	Almost Always
1.	Feeling tired	☐ (FP13:GEN1) 0	☐ (FP13:GEN1) 1	☐ (FP13:GEN1) 2	☐ (FP13:GEN1) 3	☐ (FP13:GEN1) 4
2.	Feeling physically weak (not strong)	☐ (FP13:GEN2) 0	☐ (FP13:GEN2) 1	☐ (FP13:GEN2) 2	☐ (FP13:GEN2) 3	☐ (FP13:GEN2) 4
3.	Feeling too tired to do things that he/she likes to do	☐ (FP13:GEN3) 0	☐ (FP13:GEN3) 1	☐ (FP13:GEN3) 2	☐ (FP13:GEN3) 3	☐ (FP13:GEN3) 4
4.	Feeling too tired to spend time with his/her friends	☐ (FP13:GEN4) 0	☐ (FP13:GEN4) 1	☐ (FP13:GEN4) 2	☐ (FP13:GEN4) 3	☐ (FP13:GEN4) 4
5.	Trouble finishing things	☐ (FP13:GEN5) 0	☐ (FP13:GEN5) 1	☐ (FP13:GEN5) 2	☐ (FP13:GEN5) 3	☐ (FP13:GEN5) 4
6.	Trouble starting things	☐ (FP13:GEN6) 0	☐ (FP13:GEN6) 1	☐ (FP13:GEN6) 2	☐ (FP13:GEN6) 3	☐ (FP13:GEN6) 4

	0	1	2	3	4
Sleep/Rest Fatigue (problems with...)	Never	Almost Never	Some- times	Often	Almost Always
1. Sleeping a lot	☐ (FP13:SLEEP1) 0	☐ (FP13:SLEEP1) 1	☐ (FP13:SLEEP1) 2	☐ (FP13:SLEEP1) 3	☐ (FP13:SLEEP1) 4
2. Difficulty sleeping through the night	☐ (FP13:SLEEP2) 0	☐ (FP13:SLEEP2) 1	☐ (FP13:SLEEP2) 2	☐ (FP13:SLEEP2) 3	☐ (FP13:SLEEP2) 4
3. Feeling tired when he/she wakes up in the morning	☐ (FP13:SLEEP3) 0	☐ (FP13:SLEEP3) 1	☐ (FP13:SLEEP3) 2	☐ (FP13:SLEEP3) 3	☐ (FP13:SLEEP3) 4
4. Resting a lot	☐ (FP13:SLEEP4) 0	☐ (FP13:SLEEP4) 1	☐ (FP13:SLEEP4) 2	☐ (FP13:SLEEP4) 3	☐ (FP13:SLEEP4) 4
5. Taking a lot of naps	☐ (FP13:SLEEP5) 0	☐ (FP13:SLEEP5) 1	☐ (FP13:SLEEP5) 2	☐ (FP13:SLEEP5) 3	☐ (FP13:SLEEP5) 4
6. Spending a lot of time in bed	☐ (FP13:SLEEP6) 0	☐ (FP13:SLEEP6) 1	☐ (FP13:SLEEP6) 2	☐ (FP13:SLEEP6) 3	☐ (FP13:SLEEP6) 4

Cognitive Fatigue (problems with...)	Never	Almost Never	Some- times	Often	Almost Always
1. Difficulty keeping his/her attention on things	☐ (FP13:COGNI1) 0	☐ (FP13:COGNI1) 1	☐ (FP13:COGNI1) 2	☐ (FP13:COGNI1) 3	☐ (FP13:COGNI1) 4
2. Difficulty	☐ (FP13:COGNI2)	☐ (FP13:COGNI2)	☐ (FP13:COGNI2)	☐ (FP13:COGNI2)	☐ (FP13:COGNI2)

remembering
what people
tell him/her

0

1

2

3

4

- | | | | | | | |
|----|---|---|---|---|---|---|
| 3. | Difficulty remembering what he/she just heard | ☐ (FP13:COGNI3)
0 | ☐ (FP13:COGNI3)
1 | ☐ (FP13:COGNI3)
2 | ☐ (FP13:COGNI3)
3 | ☐ (FP13:COGNI3)
4 |
| 4. | Difficulty thinking quickly | ☐ (FP13:COGNI4)
0 | ☐ (FP13:COGNI4)
1 | ☐ (FP13:COGNI4)
2 | ☐ (FP13:COGNI4)
3 | ☐ (FP13:COGNI4)
4 |
| 5. | Trouble remembering what he/she was just thinking | ☐ (FP13:COGNI5)
0 | ☐ (FP13:COGNI5)
1 | ☐ (FP13:COGNI5)
2 | ☐ (FP13:COGNI5)
3 | ☐ (FP13:COGNI5)
4 |
| 6. | Trouble remembering more than one thing at a time | ☐ (FP13:COGNI6)
0 | ☐ (FP13:COGNI6)
1 | ☐ (FP13:COGNI6)
2 | ☐ (FP13:COGNI6)
3 | ☐ (FP13:COGNI6)
4 |

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