



ADULT PHYSICAL EXAM

- 
1. Person completing form (Name): \_\_\_\_\_ (Initials):
2. CSSCD Code number of person completing form (if known):
3. Date of physical exam (Month, Day, Year): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_
- 
4. Pulse (SITTING) (bpm):
- 4.1 Pulse (SUPINE) (bpm):
5. Respiration (rpm):
6. Blood Pressure (SITTING) (mm/Hg): (Sys/Dia)  /
- 6.1 Blood Pressure (SUPINE) (mm/Hg): (Sys/Dia)  /
7. Height (cm):  .
8. Weight (kg):  .
9. Liver—distance below RCM at the MCL (cm):
10. Spleen—distance below LCM at the MCL (cm):
11. LUNGS (CHECK NO OR YES FOR EACH OF A-D):
- |                    |                                |                                 |
|--------------------|--------------------------------|---------------------------------|
| A. Rales           | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| B. Ronchi          | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| C. Wheezing        | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| D. Chest deformity | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
12. HEART (CHECK NO OR YES FOR EACH OF A-E):
- |                                 |                                |                                 |
|---------------------------------|--------------------------------|---------------------------------|
| A. Rhythm abnormality           | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| B. Heart murmur                 | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| C. Pericardial rub              | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| D. Gallop                       | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| E. Other non-rhythm abnormality | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
- (SPECIFY): \_\_\_\_\_

13. EXTREMITIES: pain and/or limitation of motion in (CHECK NO OR YES FOR EACH OF A-I):
- |                   |                                |                                 |
|-------------------|--------------------------------|---------------------------------|
| A. Right hip      | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| B. Left hip       | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| C. Right knee     | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| D. Left knee      | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| E. Right shoulder | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| F. Left shoulder  | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| G. Right ankle    | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| H. Left ankle     | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
| I. Other          | <input type="checkbox"/> 1. NO | <input type="checkbox"/> 2. YES |
- (SPECIFY): \_\_\_\_\_

14. Joint prosthesis?  1. NO  2. YES

14.1. Location (CHECK NO OR YES FOR EACH OF A-E):

A. Right hip	<input type="checkbox"/> 1. NO	<input type="checkbox"/> 2. YES
B. Left hip	<input type="checkbox"/> 1. NO	<input type="checkbox"/> 2. YES
C. Right shoulder	<input type="checkbox"/> 1. NO	<input type="checkbox"/> 2. YES
D. Left shoulder	<input type="checkbox"/> 1. NO	<input type="checkbox"/> 2. YES
E. Other	<input type="checkbox"/> 1. NO	<input type="checkbox"/> 2. YES

(SPECIFY): \_\_\_\_\_

15. Leg ulcer(s)?  1. NO  2. YES

16. Is the neurologic exam in any way abnormal?  1. NO  2. YES

ENCLOSE COMPLETED NEUROLOGIC EVALUATION FORM

Name of Data Coordinator: \_\_\_\_\_

Signature: \_\_\_\_\_

Date (Month, Day, Year): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_